

**Record daily but using x to mark on items you did well. I can do it!**

「入則孝」力行表 每日記錄一次，請用劃記（正字）表示，加油，我一定做得到！

Attempting person 力行人：\_\_\_\_\_

Parent Signature 家長簽名：\_\_\_\_\_

項 目 Items	落實情形 Did I do it?			
	做到 I did it	有時做到 sometimes	沒做到 did not do	沒有這 種情況 N/A
<p><b>*入則孝: Respecting and Loving our Parents at Home</b></p> <p>父母呼 應勿緩 When our parents call us, we should answer them right away.</p> <p>父母命 行勿懶 When they tell us to do something, we should do it promptly.</p> <p>父母教 須敬聽 When our parents instruct us, we should listen respectfully.</p> <p>父母責 須順承 When they scold us, we should sincerely accept what they say.</p>				
<p>冬則溫 夏則清 We should make sure that our parents are warm in the winter and cool in the summer.</p>				
<p>晨則省 昏則定 In the morning, we should greet them and show them that we care. At night, we should make sure that they are resting comfortably.</p>				
<p>出必告 反必面 Before going out, we should let our parents know. When we return, we should tell them that we are back.</p>				
<p>居有常 業無變 We should lead a routine life, and we should not be constantly changing our mind in whatever we do.</p>				
<p>事雖小 勿擅為 Even when a matter is trivial, we should not act without permission or just do as we please.</p> <p>苟擅為 子道虧 If we do so, then we are no longer a dutiful child.</p>				
<p>物雖小 勿私藏 We should not hide any possession, no matter how small, from our parents.</p> <p>苟私藏 親心傷 If we do, they will feel hurt.</p>				

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親所好 力為具 When something pleases our parents [and is proper], we should try our best to provide it for them.				
親所惡 謹為去 When something displeases them, we should remove it.				
身有傷 貽親憂 If we injure ourselves, we will make our parents worry.				
德有傷 貽親羞 If we do something unvirtuous, they will feel ashamed. (良好品德)				
親愛我 孝何難 When our parents love us, it is easy to be respectful and loving. 親憎我 孝方賢 When they do not love us, respecting and loving them means we have a noble heart.				
親有過 諫使更 If our parents do something wrong, we should urge them to change. 怡吾色 柔吾聲 Do so with a kind expression and caring voice.				
諫不入 悅復諫 Should our parents not accept our advice, try again when they are in a better mood. 號泣隨 撻無怨 If they still do not listen, our sincere tears will show them how deeply we care. Should they get angry with us, do not hold it against them.				
親有疾 藥先嘗 When our parents are ill, we should make sure that they take the right medicine. 晝夜侍 不離床 Care for them night and day, and do not leave them alone.				
喪三年 常悲咽 For three years after our parent's passing, we should remember them in sadness. 居處變 酒肉絕 We should live simply and not adorn our home. Avoid merry-making, meat, and alcohol.				
喪盡禮 祭盡誠 We should arrange our parent's funeral in a proper manner. 事死者 如事生 We should always honor them as if they were still alive and, especially on the anniversary of their death, remember them with a sincere heart.				